AIR

We begin with the smallest wisps of air and end with a blowing storm of mighty winds.

Air correlates to the Sanguine and to the Spring.

0:00 - 0:25 – “wisps of air”. The air finds its way into chimes and gently and subtly begins its path. The wind is ever changing.

0:25-1:27 - “The air rises”…it blows over the entire earth, making its journey freely and spritely. The wind is ever changing.

1:28-2:14 - “Air is Life”. (all 4 elements will feature this theme, the “Life theme”) – this depicts that without air, there can be no life. The wind is ever changing.

2:15-3:18 “The wind gathers” – the winds circle around and begin forming a storm. The wind is ever changing.

3:18-end – “The storm” – The winds blow in mighty flurries and strong gusts, showing the air’s playful control and powerful strength. The wind is ever changing.

FIRE

Strike a match. Light a candle. Just watch the flame. When you play this music, observe and learn. Now imagine the flame grow, and grow until it is free.

0:00 - 0:51 – “flame” – this is the smallest flame, the peaceful candle glow…the small hearth fire that warms you. The fire rages.

0:52-2:39 - “Fire Dances” –the flame dances, it weaves and grows as it is fed…it takes different shapes and it leaps and flutters…it is has a voracious appetite. The fire rages.

2:40-3:28 “Fire is Life” – (all 4 elements will feature this theme, the “Life theme”) – this depicts that without fire, without heat, there can be no life. The fire rages.

3:29-end – “The wildfire” – The fire is freed, it takes an adventure, spreading everywhere, winning over everything to itself, blazing its own path throughout the land…the fire rages.

**EARTH**

**We begin with the forming of the earth...the rocks crumble, the water gradually merges with it, the mountains rise from nothing, and all structures come to life. After the earth is formed, all the creatures dance for joy, and all the earth resounds…the final expression of the earth’s raw power and depths is felt in a gigantic earthquake…the end is one of the earth settling.**

**0:00 - 0:58 – “formation”. The earth is formed as rock, clay, and dirt rise to make mighty structures. The Earth is deep.**

**0:59-1:54 - “Earth is Life”. (all 4 elements will feature this theme, the “Life theme”) – this depicts that without earth, there can be no life. The Earth is deep.**

**1:55-3:13 “The Earth dances” – All the creatures on the earth dance for joy at their creation. Life is good and beautiful and the Earth is likewise good and beautiful. This joy resounds into the very depths of the Earth. The Earth is deep.**

**3:14-end – “The earthquake” – The earth’s mighty depths shift, and a growing, rising earthquake ripples throughout. The earth is mighty and powerful. After this expression, the earth settles back into peace. The earth is deep.**

WATER

0:00 – 1:07 – “ripples” – there are the smallest ripples in a still pool, one drop of water falls from the sky, and then a warm burst of rain fills the air with warm water. The water is deep.

1:08-1:48 - “Flowing stream” – the streams flow down and merge into creeks and rivers, leading to a large flowing river. Plant life thrives at the water’s edge. Water is deep.

1:49-2:36 “Water is Life” – (all 4 elements will feature this theme, the “Life theme”) – this depicts that without water, there can be no life. Water is deep.

2:37-3:19 “The river flows” – A river of impending danger and power grows, waves form and the water gains depth and control. Water is deep.

3:29-end – “The floods” – The water surges, deeply and powerfully. The waterfalls flow, the waters crash, they flow mightily to form the mighty seas. The water is deep.